



# A & A Health Associates Ltd.

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October 25, 1994

Dear Sam:

I would like to sincerely thank you for providing me with strong support and guidance during the time with your firm.

The work environment was such that I was motivated each day to visit the office and actively search for a position in the job marketplace.

Your guidance and style were truly professional providing me with the strength to move forward.

All along I had the dream to become an entrepreneur but not necessarily the self confidence to execute this vision. I can honestly say that the support you, Peter and Wilma provided was great. It was a 'no lose' situation with my wife Dorothy's support and yours I was motivated to tackle a new challenge.

Please accept the enclosed as a token of my appreciation knowing your firm helped an entrepreneur.

Thanks very much!

Sincerely,

Larry V. Griffiths

MR. LARRY GRIFFITHS  
FORMERLY - FINANCIAL MANAGER,  
WESTERN CANADA,  
WESTON BAKERIES LTD.